



UC

Differently now!

Sunday 9th March, 2025

Issue (8)

Welcome

We come together to worship God.
Hervey Bay @ 9:30am Howard @ 9:30am Burrum Heads @ 7:30am
Morning teas are served following each of our services and you are most welcome to join us.
A gold coin donation is appreciated at Hervey bay to help with the additional cost of consumables

Lectionary Readings:

[Deuteronomy 26:1-11](#)

[Psalms 91:1-2, 9-16](#)

[Romans 10:8b-13](#)

[Luke 13:31-35](#), or [Luke 9:28-36\(37-43a\)](#)



Next Week's Lectionary Readings:

[Genesis 15:1-12, 17-18](#)

[Psalm 27](#)

[Philippians 3:17-4:1](#)

[Luke 13:31-35](#) or [Luke 9:28-36 \(37-42a\)](#)

Please be mindful of resource usage, such as printed copies of 'UC'

leaving them for those without access to email.

Preaching at Hervey Bay is Rev. Willem Smit

Preaching at Howard is Rev. Wes Furness

ACCESS AT HOME SOME LENT RESOURCES

[Click on this link to access the LENT AT HOME resources](#)

[Click on this to access LENT MAKE AND BAKE resources](#)



Assurance

Lent One: March 9th

Assurance:

"The state of being sure or certain about something."

Britannica Dictionary

"A statement, assertion, etc, intended to inspire confidence or give encouragement."

Collins Dictionary

Uniting Church Hervey Bay
Hervey Bay, Burrum Heads & Howard

To grow in the love of God, to make disciples and to show His love in all we do

Our Vision:

With God's help,

We seek to grow our Congregation into an effective missional church that will engage with the community and beyond.

Through prayer and forming active and accountable disciples of Jesus, we seek to grow spiritually and numerically

Rev. Willem Smit's contact details

Email: minister@hbuc.org.au Phone: 0472 600 949

Rev. Willem's Day off is Monday

Whilst Willem may check messages and respond to urgent requests, please leave non-urgent matters for work days. Thank you.

Pastoral Care

For pastoral care contact the office on 07 4125 5233 if no one is there please leave a message and we will get back to you.

Prayer Chain

Shiree Royall 0417 171 020 or email shiree.tropix@gmail.com



Church Council
12 April 2025
Hervey Bay
10am



Presbytery Meeting
15 March
Bundaberg UC

Church Contact

56 Exeter Street
Torquay QLD 4655
(PO Box 5072)

Office Hours Tuesday-Friday 9am - 12pm

admin@hbuc.org.au

www.hbuc.org.au

Facebook

(07) 4125 5233

Do you need prayer Today?

Please contact one of our Church Council Members
or your Pastoral Carer to pray with you.

Sunday's service livestreaming is back up and running 9:30 am on Sundays

Older services are available on our YouTube Channel.

You are welcome to check them out.

[Click here to go to our YouTube channel.](#) Please subscribe



Wander, wander, wander.

Just like the Israelites wandered through the desert, we sometimes find ourselves wandering aimlessly.

Wander, wander, wander.

God, please forgive us for when we wander through life unaware of your presence.

Wander, wander, wander.

God, please forgive us for when we grumble, as we wander, and we don't acknowledge all that you have done for us.

Wander, wander, wander.

God, please forgive us for when we wander straight past people who are lost, hurting, and confused, and don't stop to share your love or your hope.

Wander, wander, wander.

God, please forgive us for when we wander into temptation and don't trust you.

Wander, wander, wander.

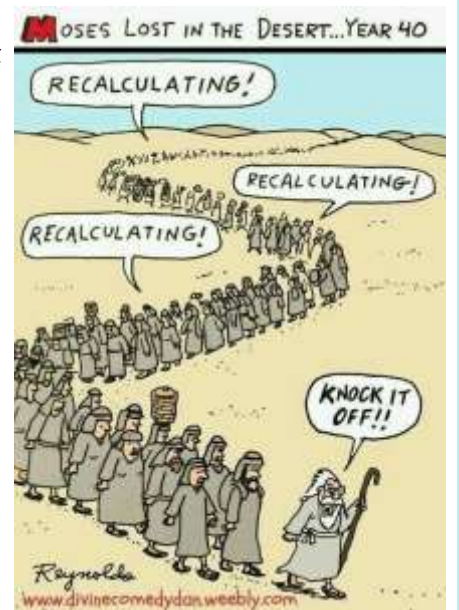
God, please forgive us for when we wander in our own direction instead of following you, our guide.

Faithful God, like you called the Israelites to a land of milk and honey, you call each one of us into an abundant life.

Help us to cease our aimless wandering and help us to strive towards all that you have called us to.

AMEN

The good news is that God assures us that everyone who calls on the name of the Lord shall be saved.



REFLECTION



REFLECTION QUESTIONS

If you could enter a brand-new land, what would it look and feel like? (You can be as creative as you'd like)

When has someone assured you about something?

When have you assured someone or a group of people?

What is something that happened in your past that gives you assurance for the future?

Reflect on the assurances that God has given them, in the past, or going into the future

Reflect on where God is calling them with assurance

Pray for renewal for the Church and their lives

What does the word renewal mean to you?

As you think about the renewal of the Church what assures you?

As the Israelites travelled towards the promised bountiful land flowing with milk and honey, what are you, and the Church, travelling towards with hope?

Hot Vanilla Honey Milk

An amazing drink to sip on a cold winter night, and also a great reliever to sore throats! Kids and adults alike love this delicious, comforting drink. The spices and sweetener can be adjusted to taste, but i think that below is the recipe perfected. Also, you can use any type of milk that you like, including whole, soy or rice, i just used skim to keep it light and healthy. Enjoy!"

Ingredients

1 cup [skim milk](#)
1/2 tablespoon [honey](#)
1 teaspoon [vanilla extract](#)
1/2 teaspoon [cinnamon](#)

Directions

1. Get out mug of your choice, and put honey, vanilla extract and cinnamon in bottom. Set aside.
 2. In a separate mug, warm up milk for 2 minutes or until hot in microwave.
 3. Poor hot milk over honey and spices, stir until dissolved. Taste to make sure it is sweet enough, if not add in more honey.
 4. Microwave for one more minute, or until desired temperature is reached.
- [Click here for source website](#)



INGREDIENTS

- 4 slices bread
- 1 cup milk
- 2 eggs
- 2 tablespoon honey
- 2 tablespoon butter

HONEY MILK TOAST

METHOD

1. In a shallow dish, whisk together milk, eggs, and honey.
2. Dip each slice of bread into the milk mixture, allowing it to soak for a few seconds on each side.
3. Heat a non-stick skillet over medium heat and melt butter.
4. Cook the soaked bread slices in the skillet until golden brown on each side.
5. Serve the French toast hot with your choice of toppings.

This recipe comes from:

<https://www.slurrrp.com/recipes/milk-and-honey-french-toas-1617687936>

FAST FACTS:

- Sundays aren't included in Lent so technically Lent goes for 46 days.
- The tradition of fasting (giving things up) throughout Lent is thought to have begun 2,000 years ago.
- Chocolate is one of the most common things people give up at Lent.
- Lent goes for forty days as it represents the length of time Jesus spent in the wilderness, enduring temptation, before he began his public ministry. You might like to watch this short video



PRAY AND REFLECT

Become aware of your breathing. If you can, slow your breathing down and enjoy the feeling of breathing deeply.

As you breathe in, reflect on God's assurances. As you breathe out, thank God.

Breathe in: God's love and mercy endures forever

- Breathe out:** Thank you, God
- Breathe in:** God heals
- Breathe out:** Thank you, God
- Breathe in:** God saves
- Breathe out:** Thank you, God
- Breathe in:** God hears and answers prayers
- Breathe out:** Thank you, God
- Breathe in:** God is a refuge and a fortress
- Breathe out:** Thank you, God
- Breathe in:** God is faithful
- Breathe out:** Thank you, God
- Breathe in:** God protects
- Breathe out:** Thank you, God

Transform squares into cosy blankets

Hi all you crocheters we have been inundated with squares from our knitters. To have blankets ready for winter to give to those in need we would like Hello dear crocheters!

As the chilly season approaches, our community has been blessed with an abundance of beautifully knitted squares from our talented knitters. Now, we need your help to transform these squares into warm, cozy blankets for those in need.

This is a fantastic opportunity to contribute your skills and creativity to a meaningful cause. Whether you're a seasoned crocheter or just getting started, joining this project will not only keep your hooks busy but also spread warmth and love.

If you're interested in participating, please reach out to either Betty McCoy or contact our office. Let's work together to ensure everyone has a snug and warm winter!

Happy crocheting! people to take up their hooks and make the wonderfully knitted squares into blankets.

Please contact either Betty McCoy or the office.

**God of the Wilderness,
In our desert seasons,
When resources seem scarce
And distractions call loudly,
Draw us back to what truly
matters.**

**Renew your Church in times of
testing,
Not with stones turned to bread,
But with your living Word.
Not with worldly power,
But with humble service.
Not with spectacular displays,
But with faithful presence.**

**When we are parched and
questioning,
Be our sustenance.
When we are tempted by
shortcuts,
Guide us in your patient way.**

**Transform our desert wanderings
Into journeys of discovery,
Where we find your springs of
renewal,
Companions for the journey
And strength for the work you
have called us to.
Amen.**



Frontier Services Bush Chaplains drive 3,103 kilometres daily to bring companionship and support to people living in remote Australia. Despite their efforts, they struggle to keep up with demand.

Your kind donation today can fund fuel, maintenance, and resources, ensuring our Chaplains can keep turning up for people doing it tough in the Outback. Please help share our stories and keep our Bush Chaplains and the communities we serve in your prayers.

Thank you for making a difference.

LENTEN APPEAL

As we approach the season of Lent in 2025, we invite you to join us in a meaningful journey of giving and support. Our Lenten Appeal this year is dedicated to uplifting various causes that make a significant impact in our communities and beyond. This appeal is an opportunity to reflect on compassion and generosity, values that are at the heart of this sacred season.

We are proud to announce that the contributions from our Lenten Appeal will be shared equally among six incredible organisations:

Gideons: Known for their dedication to spreading hope through the distribution of scriptures, Gideons have made a lasting difference in people's lives worldwide.

School Chaplaincy: Supporting the emotional and spiritual well-being of students, school chaplains play a vital role in nurturing the next generation.

Frontier Services: Providing essential support to those living in remote areas, Frontier Services ensures that no community is left behind.

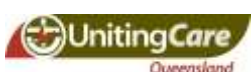
UnitingCare: With a focus on providing compassionate care and support, UnitingCare addresses the needs of the most vulnerable in our society.

Yoorana Womens Refuge: This organization is dedicated to empowering Women who are escaping from domestic violence.

UnitingWorld: Working towards global justice and development, UnitingWorld partners with churches worldwide to create positive change.

Your generous contributions will enable these organisations to continue their crucial work, spreading kindness and hope where it is most needed. We believe that by coming together, we can make a real difference in the lives of many.

Join us this Lent in supporting these causes and be a part of a broader community effort that embodies the spirit of love and service. Together, we can bring light to the world.

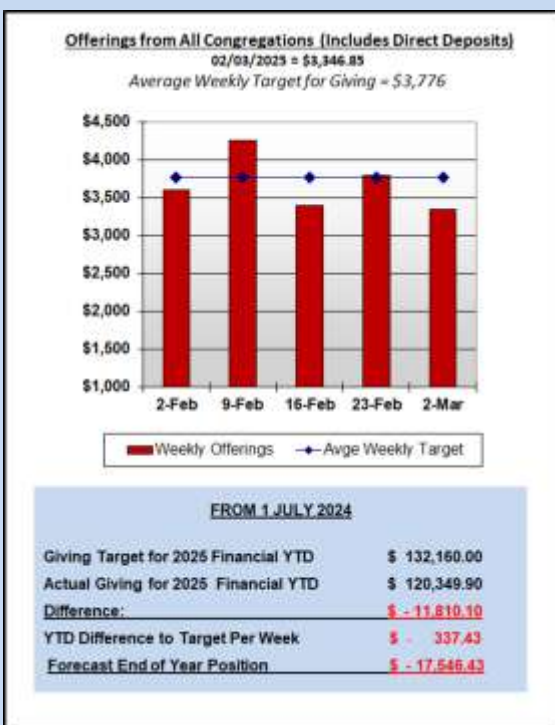


FAITH. FUN. FRIENDSHIP.



Your donation helps send young people and leaders to camp. If you would like to support the Easter Madness appeal please click on the donate button below!
Thank you!

DONATIONS



Your weekly tithes/offerings are an important part of worship as they help to pay for our Ministry Agent, maintenance and operational costs of our church, which is not immune to rising costs.

Regular tithing keeps our heads above water. If you have not been attending church you can drop your offering at the church Tuesday—Friday 9am to 12pm

or

Giving can be banked directly into our ANZ Account

Bank Account: UCA Hervey Bay

BSB: 014010 Acct Number: 3868 52539

Thank you for your generous giving

Please consider making a bequest in your Will to Hervey Bay Uniting Church.

Contact the office for details.

Monday

Prayer Group 8:30am (Contact Office 07 4125 5233)

M&M's (KYB)9:30 am Various homes (Contact Lynne Alexander 07 4194 2538)

Tuesday

Christian Meditation *St John's Anglican Church* 8:20am - 9.20 am
(Contact Sylvia Wright 0498 264 254)

WOW Lady's Fellowship - **Church Seminar Room** 9:30am
(Contact Thora on 0422 676 479) **School Terms**

KYB 'Know Your Bible' Hervey Bay - **Church Seminar Room** 2 pm
(Contact Lynn 0427 809 224)

Wednesdays

Wes's Bible Study - **Church Seminar Room** 9 am
(Contact Wes 0412 235 815)

Sewl Sisters advanced sewing, special projects. Church Patio Area 10am-2pm
(Contact office 4125 5233)

Midweek Prayer for revival- **Church Prayer Room** 5:00 - 5:30pm **School Terms**

Rev Willem's Bible Study - **Church Seminar Room** 6pm
(Contact Willem or the Office 4125 5233) **School Terms**

Thursday

Time for me Playgroup for families with preschool children.

Enjoy a drink and bikkie while the children play - **Church Hall** 9:30am—11.30am
(Contact Arlene 0447 359 288) **School Terms**

Friday

Oasis (Outreach) a place of calm in the middle of chaos. Join us for coffee, chat, activities, sewing, knitting, reading, making friends or just being yourself.

Bring a friend.

Church Patio Area - 10am to 2pm

(Contacts Gwyn 41255242 or Office 4125 5233)

Saturday

Church Family Luncheon - **Church Hall** 11:30 am **1st Saturday in the Month**
unless otherwise advertised (Contact Wes 0412 235 815)

Sunday

Special Morning Tea Church **1st Sunday of the Month**— if you are able please bring a plate of food to share **Hervey Bay Church Hall** after service

Adult Fellowship first meeting 21st March

Please collect Stamps for 2025

ALL LADIES ARE WELCOME!

Come for fun fellowship and fundraising.

