

Sunday 2nd March, 2025

Issue (7)

Welcome

We come together to worship God.

Hervey Bay @ 9:30am Howard @ 9:30am Burrum Heads @ 7:30am

Morning teas are served following each of our services and you are most welcome to join us.

A gold coin donation is appreciated at Hervey bay to help with the additional cost of consumables

Lectionary Readings:

Exodus 34:29-35
Psalm 99
2 Corinthians 3:12-4:2
Luke 6:27-38



Next Week's Lectionary Readings:

<u>Deuteronomy 26:1-11</u>
<u>Psalms 91:1-2, 9-16</u>
<u>Romans 10:8b-13</u>
Luke 13:31-35, or Luke 9:28-36(37-43a)

Please be mindful of resource usage, such as printed copies of 'UC'

leaving them for those without access to email.

Preaching at Hervey Bay is Rev. Allan Smith
Preaching at Burrum Heads and Howard is Rev. Willem Smit



7pm • Wed 5 March • St John's Anglican

There will be no Wednesday Prayer Meeting or Evening Bible Study this week due to Ash Wednesday service at St John's Anglican Church

Uniting Church Hervey Bay Hervey Bay, Burrum Heads & Howard

To grow in the love of God, to make disciples and to show His love in all we do

Our Vision:

With God's help,

We seek to grow our Congregation into an effective missional church that will engage with the community and beyond.

Through prayer and forming active and accountable disciples of Jesus, we seek to grow spiritually and numerically

Rev. Willem Smit's contact details

Email: minister@hbuc.org.au Phone: 0472 600 949

Rev. Willem's Day off is Monday

Whilst Willem may check messages and respond to urgent requests, <u>please</u> leave non-urgent matters for work days. Thank you.

Pastoral Care

For pastoral care contact the office on 07 4125 5233 if no one is there please leave a message and we will get back to you.

Prayer Chain

Shiree Royall 0417 171 020 or email shiree.tropix@gmail.com



Church Council
12 April 2025
Hervey Bay
10am



Presbytery Meeting Caloundra 19th July 2025

Church Contact

56 Exeter Street admin@hbuc.org.au
Torquay QLD 4655 www.hbuc.org.au

(PO Box 5072) Facebook

Office Hours Tuesday-Friday 9am - 12pm (07) 4125 5233

Do you need prayer Today?

Please contact one of our Church Council Members or your Pastoral Carer to pray with you.

Sunday's service livestreaming is back up and running 9:30 am on Sundays

Older services are available on our YouTube Channel.

You are welcome to check them out.

Click here to go to our YouTube channel. Pease subscribe



Prayerfully consider participating in the Church Council.

To get involved, submit your nomination

by Thursday, February 27th, ensuring it is displayed for two weeks prior to the meeting.



LENTEN APPEAL

As we approach the season of Lent in 2025, we invite you to join us in a meaningful journey of giving and support. Our Lenten Appeal this year is dedicated to uplifting various causes that make a significant impact in our communities and beyond. This appeal is an opportunity to reflect on compassion and generosity, values that are at the heart of this sacred season.

We are proud to announce that the contributions from our Lenten Appeal will be shared equally among six incredible organisations:

Gideons: Known for their dedication to spreading hope through the distribution of scriptures, Gideons have made a lasting difference in people's lives worldwide.

School Chaplaincy: Supporting the emotional and spiritual well-being of students, school chaplains play a vital role in nurturing the next generation.

Frontier Services: Providing essential support to those living in remote areas, Frontier Services ensures that no community is left behind.

UnitingCare: With a focus on providing compassionate care and support, UnitingCare addresses the needs of the most vulnerable in our society.

Yoorana Womens Refuge: This organization is dedicated to empowering Women who are escaping from domestic violence.

UnitingWorld: Working towards global justice and development, UnitingWorld partners with churches worldwide to create positive change.

Your generous contributions will enable these organisations to continue their crucial work, spreading kindness and hope where it is most needed. We believe that by coming together, we can make a real difference in the lives of many.

Join us this Lent in supporting these causes and be a part of a broader community effort that embodies the spirit of love and service. Together, we can bring light to the world.











Seek guidance and trust in God during the Lenten season. It focuses on God's mercy and the generosity of Christ to all who call upon Him.

Let us pray:

Gracious God, our refuge and stronghold, the God in whom we put our trust; guide your people through our Lenten wilderness, have mercy on us and answer us as we call, though Christ the Lord of all, who is generous to everyone who calls upon him. Amen

Lent 2025—God's Story Our Story

As we embark on the sacred journey of Lent, we invite you to explore the theme: Lent—God's Story Our Story. This season is a time for reflection, devotion, and community, guiding us from Ash Wednesday to the celebration of the Resurrection.

Throughout Lent, we will share a variety of resources, including devotional materials, creative craft ideas, and delicious recipes. These resources are designed to deepen your understanding and experience of Lent, whether you are engaging in personal reflection or participating in community gatherings.

For those who enjoy baking, we encourage you to try some of our Lent recipes. Bring your creations to share during morning tea, fostering fellowship and sharing in the joy of this season.

Join us on this transformative journey, as we reflect on the stories of faith that connect us all. Whether you are exploring these resources online or through printed materials, may this Lenten season be a time of spiritual growth and renewal. click here

Shrove Tuesday

WHAT IS SHROVE TUESDAY?

Have you ever wondered why pancakes have their own special day? Welcome to Shrove Tuesday, affectionately known as Pancake Day! This day is celebrated by many Christians around the world and is steeped in history and tradition.

Shrove Tuesday marks the day before Lent, a significant period of reflection and fasting in the Christian calendar. The term "Shrove" comes from the old English word "Shriven," which means to confess and seek forgiveness for past wrongdoings. This day traditionally involves indulging in rich foods such as eggs, flour, and butter—ingredients commonly used to make pancakes.

Why pancakes, you ask? During Lent, Christians often abstain from these rich ingredients as a form of penance and spiritual discipline. Pancake Day serves as the last opportunity to use up these ingredients before the fasting period begins, turning it into a culinary celebration.

So, whether you celebrate Pancake Day for its religious significance or simply enjoy the excuse to indulge in delicious pancakes, this tradition connects us to a history of faith, reflection, and, of course, delicious food. Share with people the reason for pancakes

special day. You might like to watch this short video all about Pancake Day: Pancake Day: Pancake Day: Pan

FAST FACTS:

From National Geographic Kids 2

- The date of Shrove Tuesday changes every year but it's always 47 days before Easter.
- 52 million eggs are used in the UK for pancake day.
- In Iceland, Pancake Day is called 'Sprengidagur' which means bursting day.

MINDFULNESS AND REFLECTION

Shrove Tuesday is a time to say sorry for the wrong things you've done. Is there anyone that you would like to say sorry to?

Maybe you could write them a note, give them a call, or invite them over for pancakes.

You might like to sing along with this song about forgiveness: <u>I'm Sorry</u>: Jeremy and Jazzy (fun for children) Pancakes As you eat your pancakes, think of all the good things in your life. You might like to:

PANCAKES

This recipe comes from Women's Weekly Food:

METHOD

INGREDIENTS

- 2 cups SR flour, sifted
- 1/3 cup caster sugar
- 1 egg
- 2 tbs melted butter, plus extra for brushing
- 1 tsp vanilla extra
- 1 1/2 cups milk
- Toppings, to serve
- 1. In a large bowl, combine flour and sugar. Make a well in the centre of the dry ingredients and whisk in egg, butter and vanilla.
- 2. Gradually whisk milk into mixture, until a pouring consistency is achieved.
- 3. Heat a non-stick frying pan on me-



dium. Brush pan with a little extra butter. Pour 1/4 cup of batter into pan, to make a circle. Cook for 2-3 minutes, or until bubbles start to appear on the surface. Turn and cook a further 1 minute until golden. Cover to keep warm. Repeat with remaining batter.

4. Serve with ice-cream and maple syrup.

Some copies of this recipe is available in the foyer. Or click here

Church Council Insights: Progress and Plans

The first Church Council meeting of 2025 was a blend of strategic planning and community-focused initiatives. Opening with a devotional, the meeting emphasised the importance of divine wisdom in guiding church activities. Here's a glimpse into the exciting developments:

Safety and Accessibility Enhancements

Our church continues to be a hub for various activities and groups. We have approved 14 church group activities in Hervey Bay, with leaders completing risk assessments to maintain comprehensive insurance coverage. Furthermore, 18 external groups hire our facilities across Hervey Bay, Burrum Heads, and Howard, contributing to a vibrant community environment.

The Men's Shed is making significant strides, thanks to two new grants. These funds will facilitate the construction of disability-accessible path and the second stage of the shed's extension.

Infrastructure Improvements

A new stove has been installed, enhancing safety standards in our facilities. Moreover, plans are underway to install an air conditioner in Howard Hall, funded by MDF resources.

Community Support and Growth

We're gearing up for our 2025 Lenten Appeal, supporting Gideons, School Chaplaincy, Frontier Services, UnitingCare, Yoorana, and UnitingWorld. Contributions will be shared equally among these worthy causes, reflecting our commitment to broader community support.

Efforts to make Howard Uniting Church financially independent are in full swing. This initiative aims to empower the church to better serve its community.

Leadership and Financial Developments

Heather Karaconstantis joins us as the Voluntary Treasurer, bringing fresh energy to our financial stewardship. Meanwhile, efforts to empower the Howard Uniting Church towards financial independence are making significant strides.

Rev. Willem's upcoming leave has been approved for 3—6 April4 2025 and 2—6 July 2025 and approval for CEM (Continuing Education for Ministry) leave days has been approved, ensuring his continued growth and leadership.

A focus group is being established to refine our operational systems and develop new roles, ensuring alignment with our vision. Their findings will contribute to a comprehensive Membership pack, fostering a more engaged congregation.

Future Planning and Community Engagement

Looking ahead, a focus group comprising ministers, congregation, and council members will evaluate our systems to align with our vision. Their findings will contribute to a Membership pack, fostering enhanced engagement and clarity in roles. Their findings will be shared in our April Church Council meeting.

Additionally, discussions on communion distribution at Hervey Bay will engage the congregation in March.

Looking Forward

As we move into 2025, the Church Council remains committed to enhancing our community's spiritual and physical well-being. These initiatives are just the beginning of what promises to be a transformative year. Stay tuned for more updates and join us in supporting our shared mission.

FAITH. FUN. FRIENDSHIP.



Your donation helps send young people and leaders to camp. If you would like to support the Easter Madness appeal please click on the donate button below!

Thank you!





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rhema.fm office@rhemawidebay.com





orecast End of Year Position

Your weekly tithes/offerings

are an important part of worship as they help to pay for our Ministry Agent,

maintenance and running costs like paper, power, rates, insurance, etc.

The church is not immune to rises in costs.
Regular tithing keeps our heads above water.
If you have not been attending church you can drop
your offering at the church Tuesday—Friday 9am to 12pm

or

Giving can be banked directly into our ANZ Account

Bank Account: UCA Hervey Bay

BSB: 014010 Acct Number: 3868 52539

Thank you for your generous giving

Please consider making a bequest in your Will to Hervey

Bay Uniting Church.

Contact the office for data!

Contact the office for details.

Monday

Prayer Group 8:30am (Contact Office 07 4125 5233)

M&M's (KYB)9:30 am Various homes (Contact Lynne Alexander 07 4194 2538)

Tuesday

Christian Meditation St John's Anglican Church 8:20am - 9.20 am (Contact Sylvia Wright 0498 264 254)

WOW Lady's Fellowship - **Church Seminar Room** 9:30am (Contact Thora on 0422 676 479) **School Terms**

KYB 'Know Your Bible' Hervey Bay - Church Seminar Room 2 pm (Contact Lynn 0427 809 224)

Wednesdays

Wes's Bible Study - Church Seminar Room 9 am

(Contact Wes 0412 235 815)

Sewl Sisters advanced sewing, special projects. Church Patio Area 10am-2pm (Contact office 4125 5233)

Midweek Prayer for revival- Church Prayer Room 5:00 - 5:30pm School Terms

Rev Willem's Bible Study - Church Seminar Room 6pm

(Contact Willem or the Office 4125 5233) School Terms

Thursday

Time for me Playgroup for families with preschool children.

Enjoy a drink and bikkie while the children play - **Church Hall** 9:30am—11.30am (*Contact Arlene 0447 359 288*) **School Terms**

Friday

Oasis (Outreach) a place of calm in the middle of chaos. Join us for coffee, chat, activities, sewing, knitting, reading, making friends or just being yourself.

Bring a friend.

Church Patio Area - 10am to 2pm

(Contacts Gwyn 41255242 or Office 4125 5233)

Saturday

Church Family Luncheon - Church Hall 11:30 am 1st Saturday in the Month unless otherwise advertised (Contact Wes 0412 235 815)

Sunday

Special Morning Tea Church 1st Sunday of the Month— if you are able please bring a plate of food to share Hervey Bay Church Hall after service

Adult Fellowship first meeting 21st March

Please collect Stamps for 2025

ALL LADIES ARE WELCOME!

Come for fun fellowship and fundraising.